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**Specialised activities** require MLA staff to conduct them. This is due to the technical nature and potential risk of these activities. The staff are each highly trained in all technical aspects of each activity, including rescues if required. A Group Leader (responsible adult) is also required to assist in all specialised activities.

### **Specialised MLA Activities include:**

- Flying Fox
- Giant Swing
- 3 Climbing Walls (beginner, intermediate and extreme)
- Abseiling
- Obstacle Course
- Canoeing (in Lake and/or in Murray River)
- Swimming (in Lake and/or in Murray River)
- Archery
- Bush Surfing
- Team Building Activities (various)
- Personal Development Talks

**Unspecialised activities** are those that do not require special skills in order to facilitate the activity. They are generally fun activities that can also work on team building and trust. These activities are run by group leaders or adult supervisors.

### **Unspecialised Activities include:**

- Volleyball
- Basketball
- GAGA Pit
- Mini Golf
- Fishing
- Bushwalking
- Campfires
- Elevated Stage
- Music & Movies

The learning objectives that form the basis of all MLA Programs include:

- Teamwork
- Conditioned Responses / Habits
- Law of Attraction
- Human / Being / Higher Self
- An exciting, memorable experience
- All the benefits of outdoor education, and
- A lot of fun!